Ways Teachers Can Help

1. Help children and teens learn to express their thoughts and feelings, and listen to what they say
2. Talk calmly with students about drugs and alcohol using the best scientific evidence
3. Learn about the popular culture of children and teens, and talk with them about it
4. Help young people build positive solid relationships with positive peers
5. Encourage children and youth to participate in prevention programs and afterschool activities
6. Make referrals when needed
7. Encourage a positive active spiritual life with a focus on the body as the temple of God


https://www.andrews.edu/services/ipa/