# CONSORTIUM of Adventist Colleges & Universities



# SYLLABUS

PSYC 101-950 Introduction to Psychology Fall 2020

## **PSYC 101 Introduction to Psychology**Consortium of Adventist Colleges and Universities

### **Interactive Online Format**

This course follows an interactive online format and has Sunday/Thursday deadlines each week. You are expected to login regularly during the course to participate in the online discussions. Please plan accordingly. Please review the Dates & Deadlines widget on the right side of your course in Learning Hub for the last day to withdraw for a full refund.

### **Instructor Contact**

**Instructor**: Penny Webster, Ph.D. **Email**: <a href="mailto:penelopew@andrews.edu">penelopew@andrews.edu</a>

**Phone:** +27-71-078-7198 (Note time zone difference: ET +7 hours)

If you wish to talk with me, let me know a time that will work for you, and we can set up a Zoom meeting, Skype call, or WhatsApp at a mutually suitable time.

### **Communication with your Instructor**

It is important to remember that while the Internet is available 24 hours a day, your instructor is not. You can expect that I will respond to an e-mail message from you within *one* (1) *business day* during the week, but may not be available on the weekends.

### **Other Assistance**

Username and password assistance	helpdesk@andrews.edu	(269) 471-6016
Enrollment and withdrawal questions	sderegister@andrews.edu	(269) 471-6323
Questions regarding course content	penelopew@andrews.edu	+27-71-078-7198
Technical assistance with LearningHub	dlit@andrews.edu	(269) 471-3960
Technical assistance with LaunchPad	bfw.technicalsupport@macmillan.com	1-800-936-6899
Exam requests and online proctoring	sdeexams@andrews.edu	(269) 471-6566
Distance Student Services - any other questions	sdestudents@andrews.edu	(269) 471-6566

### **Part 1: Course Information**

### **Required Text/Material**

The required text for this course is an e-book, **embedded in its companion workbook**, **LaunchPad**, which contains assigned interactive learning activities.

Myers, D. G., & DeWall, C.N. (2019). *Exploring Psychology*, 11th edition. ISBN: 9781319127787 Purchase directly from the publishers' website (this is the most economical option).

New to this 11th edition of our text is the fact that you can download the e-book for offline reading, and that you can also link in to an audio version of the text and listen to the content! Fun ways to interact with the course content.

OR

Should you prefer to use a print copy of the textbook, note the following option as you purchase:

Loose leaf sheets copy (most economical print version):

Myers, D. G., & DeWall, C.N. (2019). *Exploring Psychology*, 11th edition, with LaunchPad access code. ISBN: 9781319127763

**NOTE**: It is most important that if you choose to purchase a print textbook to **make sure that your purchase comes with a LaunchPad access code**—which may not be so if you purchase a used book or perhaps choose to rent a book. You will need this **access code** to register on the LaunchPad companion workbook site for this course.

### **Course Description**

Principles of psychology including the study of growth, perception, learning, thinking, motivation, emotion, personality, and mental health.

### **Program Learning Outcomes (PLO)**

- 1. Students will think critically about human thought and behavior in individuals, social-cultural, and ecological systems. (Introductory level)
- 2. Students will write effectively about theories, data, and research in the behavioral sciences. (Introductory level)

### **Student Learning Outcomes**

Ou	tcome	Learning Activities	AU UFOs
1.	Develop an appreciation for how 'fearfully and wonderfully made' God's human creation is by examining the intricacy and complexity evidenced in human behavior, thought-processes, and emotions.	Chapter previews Weekly class emails Biweekly discussions/ Reflective blog	IS.FND.4
2.	Evaluate claims about human behavior using knowledge of psychology, the scientific method and an integration of biblical foundations.	Chapter previews Weekly class emails Launchpad activities Discussions/Reflective blog	FI.FND.3
3.	Gain an understanding of the concepts and terms in the many areas of psychology, including: significant schools of psychology, research methods, sensation, perception, learning, memory, thinking, language and intelligence, human development, emotions, stress and health, personality, social psychology, psychological disorders, and psychotherapies.	Weekly readings Launchpad activities Weekly quizzes Group Presentation	EC.FND.1 IS.FND.2b IS.FND.8c
4.	Become aware of the major psychological approaches to the study of behavior and mental processes.	Chapter 1 (history) Emphasis throughout of broad biopsychosocial approaches	IS.FND.8a
5.	Become familiar with major research findings and theories of the field.	Weekly readings Launchpad activities Weekly quizzes	EC.FND.3 IS.FND.1 IS.FND.8a
6.	Understand that theories and principles of psychology apply to everyday behavioral issues.	Launchpad activities Weekly emails Biweekly discussions	EC.FND.2
7.	Apply psychological principles to your own life to gain a better understanding of human diversity, developing a better acceptance of yourself and others.	Biweekly discussions Reflective blog	EC.FND.5 IS.FND.8b IS.FND.8d

### **Credit Hour and Commitment**

This course is offered for 3 semester credits; therefore it is expected that you will spend a minimum of 135 total hours on this course. This translates to a steady 6-9 hours each week. It is very important that you budget and distribute your time well, setting aside at least three work 'sessions' each week. 'Distributed practice' has been shown to greatly improve learning. Plan for the time you will need to carefully read/study through your course content and text chapters, for participation in the learning activities and discussion forums, and for taking chapter quizzes, midterm and final exams. Set your own deadlines well ahead of those stipulated. Remember, it is always an advantage to work ahead!

The following recommended weekly schedule will help you to divide your time appropriately:

Readings: 3 hours

Lecture Overview: 30 mins LaunchPad Assignments: 2 hours Interactive Discussions: 30 mins

Weekly Quiz: 1 hour

Weekly work towards Final Group Project: 1 hour

Regular revision in advance preparation for quizzes and exams: 1 hour

### **Part 2: Course Methods and Delivery**

### **Methods of Instruction**

Methods of instruction include assigned readings from the textbook and the online course materials in Learning Hub, participation in interactive learning exercises on the LaunchPad companion workbook site, bi-weekly forum discussion posts and responses to classmates, a group presentation, a reflective blog, weekly lesson quizzes, and two exams. *Regular participation* in the course is *essential* to good performance.

### **Technical Requirements**

- It is vital that you have a consistent, reliable Internet connection (DSL, LAN, or cable connection desirable).
- Recommended that you have a back-up plan (i.e. access to a computer lab, or a library that may have a computer and WiFi) that you may use temporarily should you experience any outage or disruption to your regular service
- **Chrome** (Chrome 28 and above) or Firefox (Firefox 13 and above) are the best choices among browsers Problems may occur with assignments when a not fully-compliant HTML5 browser is used (like MS Edge, Internet Explorer or Safari)
- If you have any questions regarding **content** of the course, please contact Dr Webster (penelopew@andrews.edu).
- If you have <u>technical</u> questions regarding **LearningHub**, contact <u>dlit@andrews.edu</u> OR call 269-471-3960.
- If you have **technical** questions regarding **LaunchPad**, click on the "Help" tab in the top right corner of the LaunchPad home page, OR contact OR call 1-800-936-6899.

### LearningHub Access

This course is delivered online through LearningHub at <a href="http://learninghub.andrews.edu">http://learninghub.andrews.edu</a> Your username and password are your Andrews username and password. *Please use your Andrews username and password for all communications to do with this course.* This is the address to which all routine communications to you will be sent. You need to activate your username and password to access LearningHub. Do this online here: <a href="https://vault.andrews.edu/vault/pages/activation/information.jsp">https://vault.andrews.edu/vault/pages/activation/information.jsp</a> if you haven't already done so. If you need assistance, call or email: (296) 471-6016 or <a href="mailto:helpdesk@andrews.edu">mailto:helpdesk@andrews.edu</a>. If you need technical assistance at any time during the course, or to report a problem with LearningHub, please email <a href="mailto:dlit@andrews.edu">dlit@andrews.edu</a> or call (269) 471-3960.

### LaunchPad Access

This course uses LaunchPad for your interactive materials and participation assignments. To access LaunchPad, click on the link in your course. Follow the instructions for getting access to your materials. You will need an access code that can be purchased with the new textbook or from the publisher website: https://store.macmillanlearning.com/us/

### **Step by Step Instruction**

- Access Publisher/Launch Pad Materials
- Click on the link
- Click "here"
- Put in AU email address
- Click Submit
- Check mark "I have read the Legal Terms"
- Click "I agree to the Legal Terms"
- Put in your name and password
- Reenter your information
- Click Register
- Put in the purchased passcode

### **Part 3: Course Requirements**

**Important Note**: This online class is **not** self-paced. You can arrange your schedule flexibly during each week, but you MUST participate each week and complete the week's tasks *before the Thursday* **deadline**. You are expected to "show up" to class by interacting in the bi-weekly discussion forums by the Sunday of the week in which they are assigned. In addition, LaunchPad assignments and a Lesson quiz are due regularly <u>each week</u>.

- Reliable, consistent and adequate Internet access for the duration of the course is <u>critical</u> for your participation. Have a back-up plan in place (i.e. a library) to ensure a reliable connection.
- To be successful, plan to spend time daily on the course. The schedule is provided in advance so you may read and work ahead if you need to accommodate personal life events.
- Your dedication, professionalism, and excellence in study skills habits are necessary. Activity and assignment details will be explained in detail within each week.
- All assignments for this course will be submitted electronically through LearningHub unless otherwise instructed.

### **Assignments and Assessment**

Engagement each week on LearningHub follows a three-part sequence (Engage-Explore-Evaluate):

### **Engage**

- A short video lecture preview on Learning Hub introduces the material in each lesson module
- A chapter in your text is assigned for careful reading through
- A PowerPoint presentation located on Learning Hub illustrates and visually outlines key concepts in point form. The PowerPoints also provide a good outline of content for review.

### **Explore**

- In this section, link through to LaunchPad on the publishers' website, which contains access to an e-book, interactive learning materials, video clips, and a <u>self-check</u> quiz.
- In working through the participation activities in LaunchPad, reference to and use of the textbook (or e-book) is encouraged.
- **50 total points** for each lesson are accumulated by participating in all learning activities assigned in LaunchPad.
- A short 10 question self-check quiz in LaunchPad, as a final activity, will help you test your own learning for each lesson—before proceeding on to take the closed-book Lesson Quiz under EVALUATE in LearningHub.

### **Evaluate**

### Discussion Forums:

Bi-weekly through the semester questions are posed in a discussion forum (See fuller detail under <u>Discussion Guidelines</u>, <u>Rubric and Topics</u>).

You are encouraged to reflect on all the questions provided, and choose ONE on which you will post your thoughts, perspectives, observations and key learnings (A total of **20 points** is available bi-weekly). Your initial post (12 points) is to be made no later than Sunday 11:55 pm each week. After reading over several posts submitted by your classmates in your discussion group, you will choose ONE (or more) to which you will give your thoughtful response (total of 8 points possible), no later than the weekly deadline of **Thursday 11:55 pm**. Further instructions for each discussion are included on the discussion forum tab in Learning Hub.

### • *Reflective Blog:*

In the final week you will have the opportunity to journal your reflections (**50 points**) on what you found personally significant and/or of practical value in what you have learned from the content covered in this course (more detail in the **Reflective Blog** in Week 14 in Learning Hub)

### • Group Presentation:

With a partner or in a small group of three, you will collaborate to develop a group presentation (video, Power Point, Google Slides, or Prezi presentation) based on a topic within the course. (100 points) (See fuller detail under <u>Group Presentation Guidelines, Rubric and Topics</u>). Note in the Course Schedule dates for forming your group, submitting your topic, and final submission of your presentation.

### • Weekly Quizzes:

- A weekly quiz (50 points) provides the opportunity to assess learning on each week's lesson.
- O You will have <u>one attempt</u> and a <u>1 hour time limit</u> to complete each quiz. Note that this quiz closes at the weekly deadline of Thursday 11:55 pm (ET).
- o Each 50 point weekly quiz will include:
  - 40 Multiple Choice questions (1 point each);
  - 2 short Essay-type questions (5 points each)
- Within LaunchPad you will find optional LearningCurve assignments for each chapter section that you will find helpful to engage with in reviewing chapter content. Questions are given to help you test your knowledge, and should you not get the right answer, you can opt for a hint, or be taken to the source in your text to review. This is a good way to use the testing effect to prepare for your weekly lesson quiz in LearningHub.
- NOTE CAREFULLY: The lesson quizzes at the end of each week are 'closed book'/on-your-honor assessments. This means that you will take them under test conditions. They are provided to establish what you have learned from engagement in the previous two sections.
- O You may review your quiz attempt (and receive feedback) <u>after</u> the quiz is closed and graded, usually by the middle of the week following the due date.

### • Mid-term and Final Exams (120 points each).

- O At midterm and at the end of the course you will complete a proctored exam. You will have 2 hours (120 mins) to complete each exam, which will be comprised of 100 MC questions (1 point each) and 4 short essay-type questions (5 points each).
- Exams will follow the same format (MC/essay questions) as the weekly quizzes
  - Exams are to be taken under the supervision of a proctor and under 'test' conditions (see 'Exams' below)
  - Lessons 1-7 must be completed before the mid-term exam is taken
  - Lessons 8-15 must be completed before the **final exam** is taken.

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### **Exams**

All exams in this course require proctoring and are taken *without* the assistance of books, notes, online resources, devices or outside help. Students living outside of the United States must schedule their exams to be proctored online through the Testing Center. Students living in the United States may choose online or local proctoring. Appointments for proctoring in or online through the Testing Center are set up online at <u>calendly.com/sde-exams/online</u>.

For local proctoring, complete the exam request form linked in the course space to enter proctor information. **Please do so two weeks before each exam deadline** to allow adequate time for proctor approval. Approved local proctors include university, college or school faculty and teachers, student service workers, advisors, counselors and librarians, as well as educational, military, and workplace testing centers. Have the proctor's full name, position/title, employer name, phone and email available to fill in on the exam request form.

Note that an exam code is never released to the student, and cannot be sent to a proctor who has the same address as the student unless the address is known to be that of a school or mission facility. All students must present photo identification at the start of each exam session. If you cannot take your exam by the deadline date, email specific reasons and your recovery plan to your instructor before the deadline. Your exam cannot be proctored after the exam deadline without email or phone approval directly from the instructor to the Testing Center (<a href="mailto:sdeexams@andrews.edu">sdeexams@andrews.edu</a> or 269-471-6566). The Testing Center will then work with a local proctor if needed.

No exam is returned to the student. Instructor feedback on exams prior to the final exam may be provided to aid studying for future exams.

IMPORTANT: For more details on taking exams and how online proctoring works, please see www.andrews.edu/distance/students/exams.html

### **Part 4: Grading Policy**

### **Graded Course Activities**

Percent %	Description		
20%	Participation in all assigned learning activities in LaunchPad		
10%	Discussion board postings and responses to classmates		
5%	Reflective Blog		
10%	Group Presentation		
25%	Lesson quizzes (closed-book tests)		
15%	Midterm exam		
15 %	Final semester exam		
100%	Total percent possible		

### **Letter Grade Assignment**

Letter Grade	Percentage	Letter Grade	Percentage
A	93-100%	C+	78-79%
A-	90-92%	С	73-77%
B+	88-89%	C-	70-72%
В	83-87%	D	60-69%
B-	80-82%	F	0-59%

### **Course Schedule**

All times in the schedule are for the U.S. Eastern Time Zone. All assignments are due Thursdays in the week assigned unless otherwise noted.

Week	Lessons	Readings	Assignments	Assignments	
		Preview & Text (Exploring Psychology) (PLO 1; CLO 1, 2) [Engage]	LaunchPad  (PLO 1; CLO 3, 4, 5) [Explore]	LearningHub  (PLO 1, 2; CLO 1, 3, 6, 7)  [Evaluate]	
Intro Aug 24-27	These items will need to be completed before you will have access to the rest of the course	Orientation Course Overview Introductions Academic Integrity	Introduce Yourself Plagiarism Quiz Academic Integrity St		
1 Aug 28-Sept 3	Lesson 1: Thinking Critically with Psychological Science	Lesson 1 Preview in LHub Ch 1 Lesson 1 PPT	LaunchPad Ch 1 participation assignments	(Meet & Greet) Lesson 1 quiz	
			Due Th	ursday, September 3	
2 Sept 4-10	Lesson 2: The Biology of Behavior	Lesson 2 Preview in LHub Ch 2 Lesson 2 PPT	LaunchPad Ch 2 participation assignments	Lesson 2 quiz Discussion forum 1	
3 Sept 11-17	Lesson 3: Consciousness and the Two-track Mind	Lesson 3 Preview in LHub Ch 3 Lesson 3 PPT	LaunchPad Ch 3 participation assignments	Lesson 3 quiz (Groups formed for Group Presentations)	
4 Sept 18-24	Lesson 4: Developing Through the Lifespan	Lesson 4 Preview in LHub Ch 4 Lesson 4 PPT	LaunchPad Ch 4 participation assignments	Lesson 4 quiz Discussion forum 2	
5 Sep 25- Oct 1	Lesson 5: Sex, Gender, and Sexuality	Lesson 5 Preview in LHub Ch 5 Lesson 5 PPT	LaunchPad Ch 5 participation assignments	Lesson 5 quiz	
6 Oct 2-8	Lesson 6: Sensation and Perception	Lesson 6 Preview in LHub Ch 6 Lesson 6 PPT	LaunchPad Ch 6 participation assignments	Lesson 6 quiz Discussion forum 3	
7 Oct 9-15	Lesson 7: Learning	Lesson 7 Preview in LHub Ch 7 Lesson 7 PPT	LaunchPad Ch 7 participation assignments	Midterm Exam (Chs 1-7)	
		PROCTORED Exam 1 (midte	•		
	Evam must be com	Review: Exploring Psychology, Chapleted by no later than Thursd	,	am	
0		Lesson 8 Preview in LHub		Τ .	
8 Oct 16-22	Lesson 8: Memory	Ch 8 Lesson 8 PPT	LaunchPad Ch 8 participation assignments	Lesson 8 quiz (Group Presentation topic due)	
9 Oct 23-29	Lesson 9: Thinking, Language & Intelligence	Lesson 9 Preview in LHub Ch 9 Lesson 9 PPT	LaunchPad Ch 9 participation assignments	Lesson 9 quiz Discussion forum 4	
10 Oct 30- Nov 5	Lesson 10: Motivation & Emotion	Lesson 10 Preview in LHub Ch 10 Lesson 10 PPT	LaunchPad Ch 10 participation assignments	Lessons 10 quiz	

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Week	Lessons	Readings	dings Assignments	
		Preview & Text (Exploring Psychology) (PLO 1; CLO 1, 2) [Engage]	LaunchPad  (PLO 1; CLO 3, 4, 5)  [Explore]	LearningHub  (PLO 1, 2; CLO 1, 3, 6, 7)  [Evaluate]
11 Nov 6-12	Lesson 11: Stress, Health & Human Flourishing	Lesson 11 Preview in LHub Ch 11 Lesson 11 PPT	LaunchPad Chs 11 participation assignments	Lesson 11 quiz Discussion forum 5
12 Nov 13-19	Lesson 12: Social Psychology	Lesson 12 Preview in LHub Ch 12 Lesson 12 PPT	LaunchPad Ch 12 participation assignments	Lesson 12 quiz  Group Presentation DUE
13 Nov 20-26	Lesson 13: Personality	Lesson 13 Preview in LHub Ch 13 Lesson 13 PPT	LaunchPad Ch 13 participation assignments	Lesson 13 quiz Discussion forum 6
14 Nov 27-Dec 3	Lesson 14: Psychological Disorders	Lesson 14 Preview in LHub Ch 14 Lesson 14 PPT 17	LaunchPad Ch 14 participation assignments	Lesson 14 quiz Reflective Blog
15 Dec 4-10	Lesson 15: Therapy	Lesson 15 Preview in LHub Ch 15 Lesson 15 PPT	LaunchPad Ch 15 participation assignments	Final Exam (Chs 8-15)

### PROCTORED Exam 2 (Final)

Review: Exploring Psychology, Chs 8-15

Exam must be completed by no later than Thursday, December 10, 11:59 pm

### Part 5: Course Policies

### Withdrawal and Incomplete Policies

The current withdrawal policy can be found online at

https://www.andrews.edu/distance/students/gradplus/withdrawal.html. The incomplete policy is found online at http://www.andrews.edu/weblmsc/moodle/public/incompletes.html.

### **Late Work**

**Late work is not accepted**. Only in the event of extenuating circumstances (such as illness) will consideration be given to an extension or granting of partial credit.

All work is due in the week it is assigned, with the final deadline for each week being Thursday 11:55 pm (ET). Biweekly there will be a Sunday deadline (11:55 pm) for the initial posting on the discussion forum.

**Please take note**: In this online course it <u>is</u> possible to <u>work ahead</u> on assigned tasks. If you anticipate events that may be going to disrupt your plans and routine—rather be early than late!

### **Maintain Professional Conduct Both in the Classroom and Online**

The classroom is a professional environment where academic debate and learning take place. Your instructor will make every effort to make this environment safe for you to share your opinions, ideas, and beliefs. In return, you are expected to respect the opinions, ideas, and beliefs of other students.

Students have the right and privilege to learn in the class, free from harassment and disruption.

### **Academic Accommodations**

Students who require accommodations may request an academic adjustment as follows:

- 1. Read the Andrews University Disability Accommodation information at <a href="https://www.andrews.edu/services/sscenter/disability/">https://www.andrews.edu/services/sscenter/disability/</a>
- 2. Download and fill in the disability form at <a href="http://www.andrews.edu/services/sscenter/disability/accommodationsreqform.pdf">http://www.andrews.edu/services/sscenter/disability/accommodationsreqform.pdf</a>. Preferably type answers. To save a digital copy, 1) print to file and save or 2) print and scan. Email the completed form and disability documentation (if any) to <a href="mailto:success@andrews.edu">success@andrews.edu</a> or fax it to (269) 471-8407.
- 3. Email <u>sdestudents@andrews.edu</u> to inform the School of Distance Education that a disability has been reported to Student Success.

### **Commitment to Integrity**

As a student in this course, and at the university, you are expected to maintain high degrees of professionalism, commitment to active learning, participation in this course, and integrity in your behavior in and out of this online classroom.

### **Commitment to Excellence**

You deserve a standing ovation based on your decision to enroll in, and effectively complete this course. Along with your pledge of "commitment to Integrity" you are expected to adhere to a "commitment to excellence." Andrews University has established high academic standards that will truly enhance your writing and communication skills across the disciplines and in diverse milieu with many discourse communities in the workplace.

### **Honesty**

Using the work of another student or allowing work to be used by another student jeopardizes not only the teacher-student relationship but also the student's academic standing. Lessons may be discussed with other students, tutors may help to guide a student's work, and textbooks, encyclopedias and other resource materials may be used for additional assistance, but the actual response must be the student's own work. A student who gives information to another student to be used in a dishonest way is equally guilty of dishonesty. Any violation of this policy will be taken before the Higher Education Academic and Curriculum Committee for appropriate punitive action.

### **Further Resource**

Myers, D. & Jeeves, M.A. (2003). *Psychology through the eyes of faith*. New York: HarperCollins Publishers. [This little book is a compilation of essays on topics covered in the scope of an introduction to psychology text that you may find interesting reading]

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