

Fitness Education Minor



study

20 credits

train

theoretical & practical training

inspire

the world to fitness

Get prepared to become a Certified Personal Trainer

This unique minor will provide the opportunity to gain the theoretical and practical knowledge and experience to sit for the 'Certified Personal Trainer' certification through the American Council on Exercise (ACE).

Andrews University is an educational partner with ACE and also a testing site, providing students, who complete the minor, the opportunity to sit for the exam directly on this campus.

Requirements:

- Students must complete course work for the minor with a minimum grade of C in each course
- Current CPR/AED certification required prior to entering upper division courses



Required courses:

- BIOL221 (4 credits)
- BIOL222 (4 credits)
- FTES205 (1 credit)
- FTES210 (1 credit)
- FTES214 (1 credit)
- FDNT230 (3 credits)
- FTES305 (3 credits)
- FTES355 (3 credits)