

BHS: Wellness (Nutrition Emphasis) Suggested Schedule

<i>Fall Semester</i>	FRESHMAN	Credits	<i>Spring Semester</i>	FRESHMAN	Credits
BIOL 221	Anatomy & Physiology I	4	INFS 120	Foundations of IT	3
BIOL 221 L	A&P I Lab	0	INFS 120 L	Foundations of IT Lab	0
ENGL 115	English Comp I	3	HLED 120	Fit for Life	1
FDNT 230	Nutrition	3	BIOL 222	Anatomy & Physiology II	4
RELT 100	God & Human Life	3	BIOL 222 L	Anatomy & Physiology Lab	0
HIST 117	Civilizations & Ideas I	<u>3</u>	COMM 104	Communication Skills	3
			FDNT 118	Profession of Dietetics	1
			SOCI119	Principles of Sociology	<u>3</u>
	Total credits	16		Total credits	15
<i>Fall Semester</i>	SOPHOMORE	Credits	<i>Spring Semester</i>	SOPHOMORE	Credits
CHEM 110	Intro to Inorg. & Org. Chem.	4	BCHM 120	Intro to Biological Chemistry	4
CHEM 110 L	Intro to Inorg & Org Chem Lab	0	BCHM 120 L	Intro to Biological Chem Lab	0
BIOL 260	General Microbiology	4	ENGL 215	English Comp II	3
BIOL 260 L	General Microbiology Lab	0	MATH 145	Reasoning with Functions	3
FDNT 124	Food Science	3	PSYC 101	Intro to Psychology	3
FDNT 124 L	Food Science Lab	0	RELT 250	Personal Spirituality & Faith	<u>3</u>
FTES 205	Fitness Conditioning	1			
<i>Elective</i>	_____	<u>3</u>			
	Total credits	15		Total credits	16
<i>Fall Semester</i>	JUNIOR	Credits	<i>Spring Semester</i>	JUNIOR	Credits
FDNT 310	Nutrition in Life Cycle	3	FDNT 352	Food Service Management II	3
FDNT 351	Food Service Management I	3	FDNT 352 L	Food Service Management Lab	0
FDNT 351 L	Food Service Management Lab	0	FDNT 485	Nutrition & Metabolism	3
BSAD 355	Management & Organization	3	BSAD 384	Human Resources Mgt.	3
MKTG 310	Principles of Marketing	3	RELB 210	Jesus in His Time & Ours	3
HLED 445	Consumer Health	<u>3</u>	MUHL 214 *	Enjoyment of Music *	<u>3</u>
	Total credits	15		Total credits	15
<i>Fall Semester</i>	SENIOR	Credits	<i>Spring Semester</i>	SENIOR	Credits
FDNT 448	Nutrition & Wellness	3	FDNT 422	Community Nutrition II	2
FDNT 498	Research Methods	2	FDNT 422 L	Community Nutrition Lab	0
FDNT 498 L	Research Methods Lab	0	FDNT 460	Seminar: EG White	1
FDNT 421	Community Nutrition I	2	RELT 340	Religion & Ethics in Mod Society	3
FDNT 421 L FTES	Community Nutrition Lab	0	<i>Elective Courses</i>	_____	<u>10</u>
HLED 210	Philosophy of Health	3	<i>(choose with advisor)</i>		
FDNT 476	Nutrition & Aging	2			
<i>Elective</i>	_____	<u>4</u>			
	Total credits	16		Total credits	16
				CREDIT TOTAL - 124	

*May be substituted with the following classes: PHTO210, ENGL255, PHIL224, a course in Studio Art, or 3 credits in Ensemble Music.