

**Minutes of the Undergraduate Council
Andrews University
February 1, 2010**

Martin Smith, chair; Ben A. Maguad, secretary; Verlyn Benson, Emilio Garcia-Marenko, Shanna Leak, Keith Mattingly, Margarita Mattingly, Donald May, Lawrence Onsager, William Richardson, Tiffany Summerscales, Charles Tidwell, Alice Williams, Jeannie Wolfer

Members present

Allen Stembridge, Gary Williams

Regrets

David Ferguson, Shirley Freed, Dominique Wakefield

Invitees

Martin Smith welcomed the members and called the meeting to order.

Welcome and call to order

Emilio Garcia-Marenko offered the opening prayer.

Prayer

VOTED to accept the December 7, 2009 minutes.

Acceptance of minutes

Dominique Wakefield made a presentation on the proposal from the Department of Nutrition & Wellness to offer a Bachelor of Health Science in Wellness. This degree is developed in cooperation with the Department of Physical Therapy. It follows the exact outline for the BHS degree offered by the Department of Physical Therapy except for the emphasis. It's a professional option for students who do not get accepted to the graduate Physical Therapy program and those who want to pursue Physical Therapy but want to stay in the health profession.

BHS proposal

VOTED to support the effort of the Department of Nutrition & Wellness to offer a Bachelor of Health Science subject to the review of the Program Review and Development Committee.

David Ferguson and Shirley Freed did a presentation on the Undergraduate Leadership Development Program. A hand-out, describing the proposed program, was distributed to members of the Council.

Undergraduate
Leadership
Development
Program

VOTED to accept the Undergraduate Leadership Development Program.

There is no report yet from the Program Review and Development Committee.

The report from the Admissions Committee has been postponed.

VOTED to adjourn.


Martin Smith, chair


Ben A. Maguad, secretary

Bachelors of Health Science: Wellness

Bachelors of Health Science: (64) Wellness

Required Courses - 30

FDNT230	Nutrition	3
FDNT310	Nutrition in the Life Cycle	3
FDNT448	Nutrition & Wellness	3
FDNT460	Seminar: EG White	1
HLED120	Fit for Life	1
HLED210	Philosophy of Health	3
HLED380	Natural Therapies	3
HLED445	Consumer Health	2
HLED480	Wellness Programs	3
FTES210	Personal Fitness Plan	1
FTES214	Weight Training & Condit.	1
FTES305	Current Concepts & Apps	3
FTES355	Methods of Fitness Instruct.	3

Required Cognates - 34

BIOL221	Anatomy & Physiology I	4
BIOL 222	Anatomy & Physiology II	3
CHEM110	Intro to Inorganic/Organic	4
BCHM120	Intro to Biology/Chemistry	4
PHYS141	General Physics I	4
PHYS 142	General Physics II	4
CLSC110	Medical Terminology	1
FTES465	Exercise Physiology	4
STAT285	Elementary Statistics	3
PSYC301	Human Development - Life Span	1-3

About this Degree:

- This degree has developed through communication and cooperation with the Department of Physical Therapy. We wanted to create a professional option for students who:
 - 1.) Do not get accepted to the graduate in the Physical Therapy program
 - 2.) Do not want to pursue Physical Therapy, but want to stay in a health profession.
- This degree is unique as it follows the exact outline for the BHS degree offered by the Department of Physical Therapy, except for the emphasis.

Bachelors of Health Science: Wellness

NUTRITION & WELLNESS

APPROVED 7-0

Program Changes

Bachelors of Health Science:
Wellness

64 (Professional Program)

Required Courses – 30

FDNT230, 310, 448, 460, HLED120, 210, 380, 445, 480, FTES210, 214, 305, 355

Required Cognates – 34

BIOL221, 222, CHEM110, BCHM120, PHYS141, 142, CLSC110, FTES465, STAT285,
PSYC301

GE requirements – same as for PT

Nutrition & Wellness

Yellow Highlight NOT approved

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269-471-3370
Fax: 269-471-3485
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www.andrews.edu/nutrition/

Faculty

Winston J. Craig, *Chair*

Patricia Dyett

Magaly R. Hernandez

Peter Pribis

Dominique Wakefield, *Director of Fitness & Exercise Studies*

Staff

Christian Lighthall, *Gymnics Coach*

Greggory Morrow, *Director, Aquatics Program*

Academic Programs	Credits
BS in Dietetics	73
BS: Nutrition Science	62
BS: Health & Fitness	67
BHS: Bachelor of Health Science	64
Minor in Fitness Education	22
Minor in Food and Nutrition	20
Minor in Health	20
MS: Nutrition and Wellness	32

Mission

The mission of the Andrews University Department of Nutrition & Wellness is to prepare dietetic, nutrition and fitness professionals for service in their church, society and the world, and to influence the community-at-large to affirm the Adventist lifestyle, including the vegetarian diet and the benefits of regular exercise and physical fitness.

Undergraduate Programs

BS in Dietetics (DPD Program) (73)

Prerequisite Courses—35

ACCT121; BCHM120; BIOL111, 221, 212, 222, 260; CHEM110; FDNT118, 124, 230; PSYC101; and either BHSC220 or 235.

Cognate Requirements—6

BSAD355, 384

DPD Requirements—32

FDNT310, 351, 352, 421, 422, 431, 432, 448, 460, 485, 490, 498.

General Education Requirements:

Religion: One religion course per academic year of attendance.

Composition: 2 courses

Communication: 1 course

History: 1 course

Fine Arts/Humanities: 1 course

Life/Physical Sciences: BIOL 221, 222, 260; CHEM110, and BCHM120

Mathematics: 1 course

Computer Literacy: INFS120 or pass competency exam

Service: fulfilled through professional components of the program

Social Sciences: PSYC101 and SOC119

Fitness Education: HLED120 and three additional courses from personal fitness, outdoor skills or team activity

The Didactic Program in Dietetics (DPD) at Andrews University is currently accredited by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 120 S Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400.

Preparation for the Registration Exam

Andrews University offers two programs to prepare the student for the registration examination given by the Commission on Dietetic Registration of the American Dietetic Association (ADA).

- The DPD program, which meets the academic requirements for registration eligibility.
- The Dietetic Internship, a post-baccalaureate program, designed to meet the supervised practice requirements for registration eligibility.

The Dietetic Internship at Andrews University is currently accredited by the Commission on Accreditation for Dietetics Education of the American Dietetic Association, 120 S Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 312/899-5400.

The Didactic Program in Dietetics (DPD)

Admission Requirements

Prospective dietetics students apply to the director of the Didactic Program in Dietetics in their sophomore year for acceptance into phase 2 of the program by May 15 for the following autumn semester. Successful completion of the prerequisite courses with a minimum cumulative GPA of ~~2.50~~ 2.75, and a minimum overall GPA of 2.25 in the science and FDNT courses, is required for entry into phase 2 of the DPD program.

Continuation in the Dietetics Program requires a student having a cumulative GPA of at least 3.0 at the beginning of their junior year.

Transfer students who enter at the junior level will be admitted to the Dietetics Program if they have an overall GPA of 3.0 and a minimum GPA of 2.35 for their science and FDNT courses.

Degree Requirements

The DPD has two phases:

1. **Pre-dietetics: Phase 1 - Pre-dietetics:** Introductory pre-professional and General Education courses obtained at Andrews University or another accredited college or university.
2. **Dietetics: Phase 2 - Dietetics:** Two years of study in clinical dietetics, food-service management, and community nutrition obtained on the Andrews University campus. Students must complete requirements for the professional Bachelor of Science in Dietetics degree.

No grade below a C- is accepted for prerequisite and cognate courses (or below a C for dietetic courses). Students planning Graduate studies in nutrition or medical dietetics are recommended to take the following chemistry courses: CHEM131, 132; CHEM231, 232, 241, 242; BCHM421, 422, 430.

At least 124 semester hours are recommended for graduation. For BS requirements other than those listed above, refer to the General Education requirements. Graduation is dependent upon the completion of all curriculum requirements with the maintenance of at least a 2.25 cumulative GPA in all dietetic and cognate courses. Graduates are provided with a *Didactic Program in Dietetics Verification Statement*, testifying to the fact that they have successfully completed the requirements for a BS degree in Dietetics. Students must successfully pass a comprehensive review exam in their senior year before they are eligible to receive a DPD verification form. Dietetics graduates are eligible to apply for an accredited Dietetic Internship program.

Students are expected to complete a professional development portfolio during the DPD program outlining their goals and

accomplishments, including 200 hours of professional dietetic experience. A verification form for completion of the DPD program will not be issued until the professional development portfolio has been satisfactorily completed by the student.

After completion of the BS course work for the DPD, an eight month Dietetic Internship must be completed by a dietetic student for registration eligibility.

Dietetic Internship

Students need to apply for the dietetic internship program. A minimum cumulative GPA of 3.0 and DPD (Didactic program of Dietetics) GPA of 3.2 is recommended for admission into the program.

This supervised practice provides experiences in three main areas of dietetics—community nutrition, clinical nutrition, and food-service management. The Dietetic Internship is available at several hospitals affiliated with Andrews University. Successful completion of this intensive eight-month supervised practice permits a student to write the national registration exam in dietetics. Students who successfully complete the internship will be issued a verification statement.

Upon passing the registry exam, graduates receive formal recognition as Registered Dietitians (RD). This status is maintained by participating in continuing professional education activities approved by the ADA. With advanced study or experience, the dietitian may qualify as a specialist in clinical dietetics, food-service management, nutrition education, or research.

BS: Health & Fitness

(67)

Required Courses—40-43

BHSC459, FDNT230, 421, 422, 448, 460 (1), 497, 498, HLED120, 210, 380, 445, 480, FTES116, 210, 214, 305, 355, 465, two additional FTES activity courses (1 credit each) selected in consultation with your advisor, PSYC210, PSYC319, SOCI415, PETH495 (4)

Required Cognates—27-26

BIOL221, 222, 223, CHEM131, 132, BSAD355, COMM320, MKTG310, PSYC210, 319, 471, SOCI119, 415

For students planning to do the MS in Nutrition and Wellness, it is recommended that they also take CHEM 110, BCHM120

For students doing the pre-med option, the following recommendations are made:

Substitute:

BIOL165, 166 Foundations of Biology — 5.5 credits
— for BIOL111, 112 Anatomy & Physiology I, II — 4.3 credits

Add:

— CHEM231, 232 Organic Chemistry I, II — 3.3 credits
— CHEM241, 242 Organic Chemistry I, II Lab — 1.1 credits
— BCHM421 Biochemistry — 4 credits
— BIOL465 Histology — 3 credits
— PHYS141, 142 General Physics I, II — 4.4 credits

Bachelors of Health Science: Wellness

(64)

Required Courses - 30

FDNT230, 310, 448, 460 (1), HLED120, 210, 380, 445, 480, FTES210, FTES214, FTES305, FTES355,

Required Cognates - 34

BIOL221, 222, CHEM110, BCHM120, PHYS141, 142, CLSC110, FTES465, STAT285, PSYC301

General Education Requirements:

Religion: One religion course per academic year of attendance

in a Seventh-day Adventist college or university. Maximum of three courses prior to entering program.

Composition: 2 courses

Communication: 1 course

History: 1 course

Fine Arts/Humanities: 1 course. An appreciation, theory or introductory course in music, art, photography, philosophy, literature (200 level or higher) or one year of ensemble music.

Life/Physical Sciences

Life Science—

- A full sequence of anatomy and physiology or general biology with labs.
- An upper division science course(s) related to human physiology or human biology.

Physical Science:

Option 1: A full sequence of general physics with labs as required for physics majors or pre-med students plus any two chemistry courses with labs; or

Option 2: A full sequence of general chemistry with labs as required for chemistry majors or pre-med students plus any two physics courses with labs.

Mathematics: A basic statistics or research methods course

Computer Literacy: A PT department approved computer course which includes word processing, or pass a college-level competency exam of equivalent skills.

Service: Not required as it is taught in the professional program.

Social Sciences:

Psychology—An introductory psychology course.

Human Development—A course which covers physical, social, and psychological development beginning with conception.

Fitness Education: Two courses. Recommend Andrews Freshmen take HLED126 Fit for Life and one additional course from personal fitness, outdoor skills or team activity. Non-Andrews students take two from the three categories above.

Medical Terminology: A course in basic medical terminology. May be taken by distance learning.

Electives: To fulfill the 92 total semester credits with at least 15 in upper division courses required, some course suggestions include business courses, ethics, cultural and diversity courses, arts and humanities, nutrition and physical activities.

BS: Nutrition Science

(62)

BCHM421; BIOL165, 166; CHEM131, 132, 231, 232, 241, 242; FDNT230, 310, 448, 460, 485, 495; ZOOL465; 6 credits chosen from FDNT124, 421, 422, 431, 469, 476; and 8 elective credits selected from chemistry, biology, nutrition, and physics in consultation with the program advisor.

The BS in Nutrition Science is recommended for pre-medical students wishing to have a nutrition and health promotion emphasis as they prepare for medical school. However, this BS does not prepare students for dietetics registration eligibility.

Minor in Health

(20)

FDNT230, 240, HLED120, 210, 445, PEAC FTES214, plus 8 credits selected from HLED, FDNT or other health-related courses approved by the program director.

Minor in Nutrition and Wellness

(20)

Must include FDNT124, 230, 310, 448, 460, HLED120 plus 6 credits selected from the Department of Nutrition and Wellness approved by the director of the Dietetics program.

Minor in Fitness Education

(22 20)

BIOL111, 221, 112, 113, 223, FTES305, 355, 465, FDNT230, FTES210, 214

Nutrition & Wellness

Yellow Highlight NOT approved

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BS: Nutrition Science

(62)

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Minor in Nutrition and Wellness

(20)

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Minor in Fitness Education

(22 20)

BIOL111, 112, 113, 223, FTES305, 355, 465, FDNT230, FTES210, 214

Decision	HS GPA	ACT-E	ACT-M	ACT-R	ACT-S	ACT-C	SAT-V	SAT-M	SAT-T
BR	1.6544						470	410	880
BR	1.72	15	20	16	19	18			
BR	1.95	15	18	15	23	18			
BR	1.97	20	20	20	19	20	460	540	1000
BR	1.998	26	20	24	24	24	450	530	980
BR	2.04	17	16	22	23	20			
BR	2.0719						410	420	830
BR	2.08						470	480	950
BR	2.1	16	16	20	16	17			
BR	2.1404	22	18	20	17	19	450	430	880
BR	2.18						570	550	1120
BR	2.19	15	15	16	18	16			
BR	2.2	25	15	21	16	19			
BR	2.23	19	17	23	14	17			
BR	2.2471	16	15	15	18	16			
BR	2.275	12	17	12	10	13	410	480	890
BR	2.2766	25	21	19	20	20			
BR	2.29						400	420	820
BR	2.3	17	17	16	17	17			
BR	2.302						380	420	800
BR	2.3145						310	490	800
BR	2.32						420	520	940
BR	2.32						390	400	790
BR	2.32	19	20	25	19	21			
BR	2.32	21	16	20	19	18			
BR	2.35						410	450	860
BR	2.35	15	16	15	17	16			
BR	2.38	14	21	13	19	17			
BR	2.39	14	19	16	19	17			
BR	2.41	16	15	15	16	16			
BR	2.44	21	18	23	19	20			
BR	2.4583								
BR	2.463						410	390	800
BR	2.4674	23	17	22	18	19			
BR	2.47	19	16	25	17	19	440	300	740
BR	2.47						460	410	870
BR	2.48	17	15	17	21	18	440	360	800
BR	2.48	17	15	17	19	17			
BR	2.49						450	480	930
IV	2.2						510	510	1020
IV	2.27	33	22	36	25	29			
IV	2.31	24	24	29	20	24	550	570	1120
IV	2.34	17	21	22	21	20			
IV	2.38	20	20	18	20	20			
IV	2.4	29	16	22	20	22	620	400	1020
IV	2.48						590	610	1160
R	2.4178	25	21	23	21	23			
R	2.455						470	510	980

Acceptance Guidelines for Undergraduate Admissions Committee

- Level 1 - All test scores in OK or higher and GPA is above 2.5 will be accepted as Regular (R)
- Level 2 - Only one test score is in the LOW level and GPA is above 2.5 will be accepted as Intervention (IV)
- all test scores OK or higher and GPA between 2.5 and 2.25
- Level 3 - Multiples test scores in the LOW level but no test score in the VERY LOW level and a GPA is between 3.5 and 2.25 will be accepted as Bridge (BR)
- Pending - Multiples VERY LOW scores and GPA below 3.0 (for fall 09 till March 1)
- Level 4 - Any test score that is in the VERY LOW level and a GPA below 2.0 will be Denied (DN)
- Multiple test scores in the LOW and VERY LOW levels and a GPA below 2.0 will be Denied (DN)

Committee will Review

- GPA of 3.5 and above with multiple test scores in the LOW level
- Any student that does not meet the above criteria
- International Students with Language Hold must have ACT/SAT score of 16(380) or retake after completion of Language Studies

LEVELS	ENGLISH (SAT Writing)	MATH (SAT)	READING (SAT Critical Reading)	SCIENCE	COMPOSITE (SAT M+CR)
OK	18 + (430+)	19+ (460+)	20+ (480+)	20+	20+ (940+)
LOW	17-15 (420-360)	18-16 (450-380)	19-15 (470-390)	19-16	19-16 (930-770)
VERY LOW	-14 (340-300)	-15 (370-350)	-14 (380-370)	-15	-15 (760-750)
*SAT Individual Scores will have different numbers because of different weight					
**SAT Critical Reading is LOW, then counts as two LOW scores					

Department of Nutrition & Wellness

BHS: Wellness

Reasons for it being a professional program:

- The BHS offered by PT is also a professional program and this degree is modeled after their degree
- The majority of the students who will take the BHS: Wellness will have completed their first three years as Pre-PT students and therefore will have followed a curriculum that follows the GE table for Professional Programs.
- Students will be able to directly enter the professional world with this BHS: Wellness degree, as professional certifications are built into the program (optional) through the American Council on Exercise (ACE):
 - Certified Personal Trainer
 - Group Fitness Instructor
 - Lifestyle & Weight Management Consultant
 - Advanced Health & Fitness Specialist

NOTE: These certification options have been added to the bulletin copy for next year already.

- This issue was discussed in detail at the Program Development Committee. It was agreed that this degree be a professional program with the condition that the certification options be listed in the bulletin as has been done.



Undergraduate Leadership Development Program

Andrews University

Bulletin Copy for the Undergraduate Leadership Certificate Program

Undergraduate Leadership Program

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David K. Ferguson, Director

Why an Undergraduate Leadership Program?

Society often encourages us to think of leadership as reserved for people with charismatic personalities or those in high-profile positions. Many would argue that effective leaders are born rather than made and that those who lack the stereotyped traits associated with leadership must settle to be followers. Andrews University rejects the notion that leadership is only for the few. We define “leadership” as simply *intentional influence*, believing that a well-trained leader will be better able to affect meaningful change regardless of their career path.

The question is not whether Andrews students are leaders. They are. The question is whether or not they are maximizing their natural leadership potential. While leadership growth is a lifelong process—one that will obviously continue beyond the undergraduate college years—participation in the Andrews Leadership Program provides a vital grounding in leadership characteristics that places graduates ahead of their peers in terms of self-knowledge, creativity, positive change, interpersonal teamwork, engaged citizenship and many other traits.

Program participants can take one of two tracks in approaching their leadership development, depending on what works best for the individual. LEAD101 Fundamentals of Leadership provides a powerful introduction to the purpose and function of leadership and is a good option for those seeking a single game-changing elective. Those students who would like a more in-depth leadership experience can opt for the Undergraduate Leadership Certificate. Every Andrews student can take part in this program without adjusting their major. The certificate embeds in their current academic program, allowing for maximum flexibility.

LEAD101 Fundamentals of Leadership

LEAD101 is a class created with *every* student in mind. Whether a stand-alone, game-changing course or the entryway to a Leadership Certificate, this class is designed to bring immediate and long-term value to any undergraduate degree.

Undergraduate Leadership Certificate

The Leadership Certificate is a University-wide collaboration between academic departments and Student Life with the goal to prepare students for meaningful engagement in a global environment. It integrates knowledge and skills from students' courses of study into a concentration focused on building capacities to influence their surroundings whether in the home, school, church or marketplace. Certificate graduates will learn to lead positive change and recognize their calling.

The certificate requires academic and co-curricular components that work together to develop leadership capacity.

Leadership Certificate Requirements:

1. Application to the Program

Upon successful completion of LEAD101/301, a student may apply to the Certificate program. The program director and Undergraduate Leadership Council (ULC) will process applications.

2. Academic requirements:

LEAD101 Fundamentals of Leadership or LEAD301 Leadership and Mentoring	2 – 3 cr
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Leadership Cognates: Qualifying courses from within academic departments across Andrews' five undergraduate schools are described in detail in the Leadership Certificate Program handbook.	6 cr
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The Certificate student initiates a Change Project, with advisement from their major discipline, which focuses on transformational learning and leadership with a church, community, campus or academic discipline-based partner. The student may choose LEAD499 or a school/department specific course number as listed below:

College of Arts and Sciences	by Department
College of Technology	by Department
School of Architecture	ARCH485
School of Business Administration	BSAD497
School of Education	LEAD499

LEAD496 Leadership Capstone 1 cr

Total 11 – 12 cr

3. Co-curricular requirements (LEAD 200):

Leadership development requires more than theoretical understanding. Principles investigated in the classroom can be best experienced through practice, feedback and real-life context. Co-curricular expectations provide an ideal environment for this integration of theory and practice. Therefore, Certificate students are required to register for LEAD200 each semester in residence. Fall, Spring.

4. Certificate Program Standards:

The following standards are required for successful completion of the certificate program.

1. Academic Standards:

- Earn a minimum overall 2.25 GPA.
- Earn a minimum Certificate program 2.5 GPA.
- No course with a grade below C may count toward the Certificate program.

2. Citizenship Standards:

Certificate program participants placed on suspension or Student Life probation in either of the following categories may be removed from the program:

- Citizenship Probation.
- Co-curricular Probation.

Failure to meet these standards results in possible removal from the program. Students may reapply.

5. Graduation as an Andrews University Leadership Certificate Recipient

During the student's final undergraduate term, the program director will recommend each qualifying candidate to the ULC for review and conferral of certificate. Each recipient will be awarded in the following ways:

- A celebration ceremony focusing on the student's Change Project and portfolio.
- A Leadership Certificate with the Andrews University seal.
- Specific mention or annotation in the University graduation bulletin.
- Notation of Leadership Certificate accomplishment included on transcripts.

COURSES

LEAD101

(2 – 3)

Fundamentals of Leadership

An exploration of essential personal and interpersonal qualities of a leader. Emphasis is given to teambuilding, problem solving, strengths discovery and unlocking creativity. Following this course, students may apply to the Undergraduate Leadership Certificate Program. Students may receive credit for only LEAD101 or LEAD301.

LEAD200

(0)

Leadership Practicum

Students will create and carry out a leadership development plan for the semester under advisement of the Leadership Program. It will include a growth strategy for 1) Leadership Theory – expanding the student's knowledge base by attendance and participation in approved instructional co-curricular opportunities; and 2) Leadership in Action – engagement in experiential learning through an individualized leadership action plan, including action steps, goal setting, implementation, journaling and semester-end assessment. Required of all Leadership Certificate students each semester in residence. Fall, Spring.

LEAD301

(2 – 3)

Leadership and Mentoring

In addition to an exploration of essential personal and interpersonal qualities of a leader, this course will place a special focus on mentoring. Emphasis is given to teambuilding, problem solving, strengths discovery and unlocking creativity. Upon completion students may apply to the Undergraduate Leadership Certificate Program. Prerequisite: at least junior class standing. Students may receive credit for only LEAD101 or LEAD301.

LEAD496**(1)*****Leadership Capstone***

Development and presentation of a leadership portfolio. This includes reflection papers describing personal growth and increasing theoretical understanding and final synthesis papers. Prerequisites: LEAD101 or LEAD301, permission of instructor.

LEAD499**(1 – 3)*****Independent Study: Topic***

Repeatable. Permission of curriculum advisor and independent study supervisor required.